

Joseph Elcano, LPC | Professional Disclosure Statement

Elcano Counseling LLC

1461 SW A Avenue ~ Corvallis, OR 97333

Phone: 541.250.0130 | Email: elcanocounseling@outlook.com

Philosophy and Approach: My clinical training background is in Cognitive Behavioral Therapy (CBT) which is my philosophical foundation. I value diversity, individuality and cultural context in each person, so I strongly believe in employing other empirically supported techniques to supplement my approach which allows treatment to be adaptable and informed. My philosophy to counseling relies heavily on treatment collaboration to facilitate change and promote well-being.

Formal Training and Education: I hold a Master of Arts Degree in Counseling Psychology from Pacific University. My graduate coursework included: human growth and development, professional orientation, introduction to professional participation, research methods, interprofessional competency: theory and practice, helping relationships, group dynamics, adult roles & contexts, interviewing & counseling skills, social & cultural foundations, psychoactive substances, theory to evidence-based counseling with children, applied evidence-based counseling with children, and career & lifestyle development. Additionally, I continue to participate in training and educational courses to further my clinical competency.

Cancellation Policy: At least 24-hour notice is required to cancel or reschedule an appointment. This notice gives me the opportunity to open that session time to others who are waiting. Cancellations and rescheduled appointments made with less than 24 hours' notice will be subject to a FULL CHARGE based on the type of service that was scheduled. If 3 scheduled appointments are missed without 24-hour notice, Elcano Counseling LLC reserves the right to terminate services.

Fees: My standard fees include: \$150 for 55-minute sessions, \$175 for 80-minute intake appointments, \$125 for 45-minute sessions, \$75 for 30-minute sessions, \$175 for 80-minute sessions, and \$40 for every 8-22 minutes of service coordination outside of session. For cashing paying clients, I offer a sliding scale rate on an individual basis which we can discuss at our initial meeting. It is important for you to check if your insurance covers mental health services and the amount it will cover, along with any copays or deductibles.

Emergencies: As the sole proprietor of Elcano Counseling LLC, I am not available for 24-hour crisis support. In a mental health emergency, please call 911, go to the nearest ER, or contact a crisis support line.

- National Suicide & Crisis Lifeline – Call or Text 988
- Crisis Text Line – Text HOME to 741741
- Benton County Crisis Line – Call 1-888-232-7192
- Linn County Crisis Line – Call 541-967-3866

As a Licensee of the Oregon Board of Licensed Professional Counselors and Therapist (LPC #C3603): I will abide by its Code of Ethics. To maintain my license, I participate in continuing education (80 clock hours every 48-month reporting period). I will be happy to explain this further if you have any questions and/or concerns.

As a client of a Licensed Professional Counselor you have the following rights:

Client Bill of Rights:

- To expect that the licensee has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report any complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse and elder abuse: 2) Reporting imminent danger to client or others: 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies: 4) Providing information concerning licensee consultation or supervision: and 5) Defending claims brought by client against licensee
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at:

3218 Pringle Rd. SE #120, Salem, OR 97302-6312.

Telephone: (503) 378-5499 Email: lpct.board@mhra.oregon.gov

Website: www.oregon.gov/OBLPCT

For additional information about this counselor or therapist consult the Board's website